

# Report of ESSR Outreach MSK US Course Kaunas, Lithuania 12-13 April 2019

## Faculty and tutors

Dr. Georgina Allen - ESSR lead speaker  
Dr. David John Wilson  
Dr. Domenico Albano  
Dr. Vito Chianca  
Dr. Angelo Corazza  
Dr. Maija Radzina  
Dr. Eleonora Norkuviene  
Marc Schmitz  
Dr. Algirdas Sukys  
Dr. Darius Dicevicius  
Dr. Aurentas Grubinskas  
Moritz Müller  
Julien Kupperschmitt  
Patricia Smith - van der Meijde



## Local organizer

Dr. Saulius Rutkauskas



Faculty of the ESSR Outreach MSK US Course

The ESSR Outreach MSK US Course was organized by the ESSR ultrasound subcommittee and local organizer dr. Saulius Rutkauskas in collaboration with the Society of Musculoskeletal Diagnostic Ultrasound, Lithuanian Association of Radiologists and Lithuanian Ultrasound Association.

The Course was held in the second biggest town of Lithuania – Kaunas. The town is situated in the middle of the country, in a wonderful place at the confluence of Neris and Nemunas rivers. It is rich not only with history but also with academic spirit and student's life, continuously evolving and renovating, full of green.



Kaunas Old Town

The meeting venue was Europa Royale Kaunas hotel, which is located in the center of the city — located close to Laisves Avenue which is loved by the city residents and guests, near the main cultural, commercial and financial facilities.

The Course were fully booked with 80 delegates from 6 countries, mainly from Latvia and Lithuania. The most of participants were radiologists and ultrasound specialists. Other specialists were Rheumatologists, Orthopedic Traumatologists, Physiotherapists and Sport physicians. Twelve radiology residents were volunteers during hands-on sessions.



The moments from the lecture

The program was dedicated to the basics of MSK ultrasound and took two full days. All main joints (shoulder, elbow, wrist, hip, knee and ankle) were covered through the 19 lectures and 4 hands-on sessions. The number of participants were limited to 5-6 per one ultrasound equipment to ensure gaining basic scanning technique and better interaction with the tutor.



The moments from the hands-on session

The anatomy lectures in combining with the live demonstration was excellent interaction with the auditory.



The live demonstration of shoulder ultrasound anatomy

Overall the feedback of the attendees was extremely positive. 56% of participants find the Course extremely useful. The educational goals of the event were fulfilled even for 72% of participants. The presented material was well balanced for 74% of participants. 66% of participants will implement the gained knowledge into personal practice.

This was the first ESSR Outreach MSK US Course in the Baltic region. The demand for MSK ultrasound examination is increasing every day. We need to expand our knowledge for understanding the imaging role of MSK disorders. The ESSR Outreach MSK US Course fulfilled our aim and provided approved education to our specialists, who are interest in ultrasound imaging.

Saulius Rutkauskas  
Kaunas, Lithuania  
April 2019